

MANIFESTATION AND CREATION SQUARED (MC²)

by Dawn A. Tobin

I have lived in Raleigh, North Carolina, for much of my life. My quest for a deep understanding of unseen worlds, intelligences, and forces interacting with and shaping all of life led me to find the winding path up Roberts Mountain Road nearly ten years ago for my first residential program, the GATEWAY VOYAGE®. The VOYAGE and each of three subsequent programs I've attended at TMI have provided some of the most magical memories of my life. Simply by recalling my first day in GATEWAY, I feel warm vibrations expanding from the core of my being and raising my spirit higher—"Finally, I am home." This awakening in my soul cemented my bond with TMI and my desire to maintain this crucial connection through their programs and the Dolphin Energy Club.

MC² was my fourth program at TMI. With twenty-one other participants and two facilitators who also participated in the group and tape exercises, we embarked on an adventure into the realm of psychokinesis (PK) and physical manifestation of internal desires. One of Bob Monroe's dearest dreams was to eliminate at least one source of human struggle. He envisioned that through development of our natural potential we might one day achieve the miracle of manifesting nourishing food at will, directly into the palm of our hand. That ability would end forever the needless suffering caused by lack of this most basic need. Bob crossed over in 1995 before realizing that vision, but others have carried on his dream. Joe Gallenberger, TMI Residential and OUTREACH Trainer, conceived the MC² program with Bob's vision in mind. Joe's unique talents, background, and experiences with manifestation guided him to develop and facilitate this program. Thanks to Joe's devotion, we're making progress!

When I say that part of my MC² experience involved tapping into psychic power to perform healings, control dice throwing, bend spoons, light up a light bulb, and germinate seeds spontaneously in the palm of my hand, you may have various reactions: astonishment, disbelief, awe, curiosity, doubt, or judgment. If I further explain that spoon bending and bulb lighting utilize transference of my body's electromagnetic energy to produce heat in the case of spoon bending and some form of electricity in the case of bulb lighting, your response would be modified: "I knew there was a trick involved. There's nothing psycho-anything about it." After doing these things I had some of the same reactions. My final attitude was a combination of awe, joy, and profound gladness and gratitude for the opportunity to share this awakening, living dream.

Spoon bending is a purely psychokinetic transfer of energy into the spoon. The phenomenon is well studied and documented. This was a great exercise for our group as we explored "PK power." Participants' ability to perform this task varied from complete frustration to near

mastery. All but one or two were successful. After meditative preparation, we were instructed to gently rub the spoon while focusing on directing energy into it through the heart and arm. Having previously spent two years on one spoon without results, I had to work through that block. Some of my fellow participants had almost instant success. Spoons that curled with the least amount of physical effort (stroking or assisting) bent first and spurred us into higher energy states and more rapid successes. I still held my spoon, stroking and channeling the energy. Someone described how their spoon had become slippery or oily, just before turning very clay-like and bending and twisting with minimal assistance. Suddenly I felt that oiliness. Belief in my ability began to rise. Others shouted encouragement to me and to my fellow late bloomers, "You just do it!" "Oh!" I exclaimed. I had given no assistance. Now I gently, easily curled the spoon up! The results were quite impressive for a group of first-timers. Once we had evidence that true PK was factoring in, it was easy to light the circular fluorescent bulbs. A spectrum of PK ability was obvious in this task as well.

Controlling the roll of dice relied exclusively on PK. We learned to recognize the high state of joy, oneness, and certainty that produced the best results. And, while not necessary, frenetic energy in the surrounding environment was a plus. Spirited music, a sense of playfulness, and cheerleading encouragement all provided a boost. I have always felt favored to roll sixes, so I stated my intent to roll a twelve (double sixes) on each throw. Although I did not roll double sixes in my ten attempts, every roll contained a six. Joe computed the chances of rolling a six in each throw as 310 or 59,049 to 1! Belief in my PK ability became a solid truth.

I found the PK experiment with seeds the most impressive and rewarding. We used wheat berry seeds that had to be soaked overnight in order to germinate. Some of the soaked seeds had already begun to show signs of sprouting. Each of us took a small pinch of seeds, held them in a closed hand, and all together focused on projecting love and light into them. Drawing energy from the earth and the heavens, I felt the seeds jump and pop inside my hand. After several minutes of projecting energy to our seeds, we placed them inside a paper towel in a plastic bowl and watered them with bottled water into which we had also projected nurturing, healing light, and love. After three days of caring for our seeds, we concluded the exercise. Several control groups of seeds from the same batch had been placed around the building and did not receive any positive energy. There was a fantastic difference between our "blessed" seeds and the nearly unchanged controls. Some gifted growers' sprouts were nearly leafing. The same range of PK abilities seen in the two previous exercises was present. PK seemed to favor those who were practiced in psychic skills, such as healers and meditators. The exercises effectively bridged the gap between understanding PK as a reality and knowing it, internally, through personal experience.

I have only touched the surface of my experiences in this completely fulfilling program. PK's effect on our concept of physical reality is more than entertaining reading. The most rewarding gifts I took home with me were memories of participating in unforgettable healing circles and

making new connections with other explorers. Most precious of all was the time of knowing pure human spirit—adventurous, free of heavy layers, open, and compassionate.

MC² made me acutely aware that I was responding to something that had been pushing to the surface of my being for a long time. I felt it as a restlessness, a kind of red flag that subtly but persistently implied a need for reconnecting with inner sources. At some time in our history I believe we “civilized out” a part of ourselves that once maintained a dialogue with a greater knowing. We stopped using whatever it was that connected us with all of creation and now we seem to be outside the circle of life, aliens on our own planet. We have been so out of touch that we’re now burdened with the task of trying to undo all the damage we’ve caused to our ecosystem. We live uncertain of the extent of that damage, hoping it’s not too late or too bad. We seem so immature a consciousness. Within us, I believe, we each hold the key to participating fully in the design and creation of our existence. Playing around with PK has reminded me of this truth: we are cocreators.

Postscript: Imagine me, a week after returning home and back in the flow of living. I’m engaged in a quick game of “Clue” with my ten-year-old son, Sean. We are toward the end of the game. We both know the culprit, weapon, and room, but we have to move our tokens to the farthest corner of the board to reach the correct room first. We’re racing with each roll of the die. Sean already has the lead, and I’m rolling low. Then it hits! I hear within, “Use what you know!” Ah, ha! Now my sixes come, one after the other. Sean catches on and exclaims, “Hey! You’re cheating. You’re using the power!” I grin and say in a certain voice, “Using what you know isn’t cheating.”

[Note: The purpose of MC² PK tasks is to empower and confirm the belief-set and energy needed to manifest or create what one desires in all areas of life. MC² is open to all who have attended the GATEWAY VOYAGE. Joe Gallenberger is also the originator of Vegas Adventures and the SyncCreation Home Study Manifestation Course. For more information visit <http://www.RainbowVentures.net>]

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